



# RED OAK HILLS 2025 Newsletter



Whether you are new to Kansas, Shawnee, Johnson County or Red Oak Hills, you can go to [jocoelection.org](http://jocoelection.org) to register to vote, change your address or even your party affiliation. This site will give you information about where and how to register to vote, when to vote and where to vote. You can also locate your local officials and their contact information.

To find out what is happening in Shawnee, go to [cityofshawnee.org](http://cityofshawnee.org). They even have an app to keep you informed. You can learn about local events, parks and recreation, as well as construction projects.

## Correction to April's recipe

Sorry for the inconvenience there was an omission in the **Easy Crab Cake** recipe. Use 8 oz of lump crabmeat.



## Neighbors helping Neighbors

With all the neighborhoods in the country, we somehow all landed in Red Oak Hills. As we seek to encircle those around us with kindness and generosity, we know that there are times during illness or loss when help with yardwork, meals, transportation, dog-walking and such would be so appreciated. We invite you to email Jana at [jbonham94073@gmail.com](mailto:jbonham94073@gmail.com) if you're eager to volunteer your time *or find assistance for yourself*.

Thank you for being willing to lend a helping hand to neighbors in need.



## Entertainment

### Book

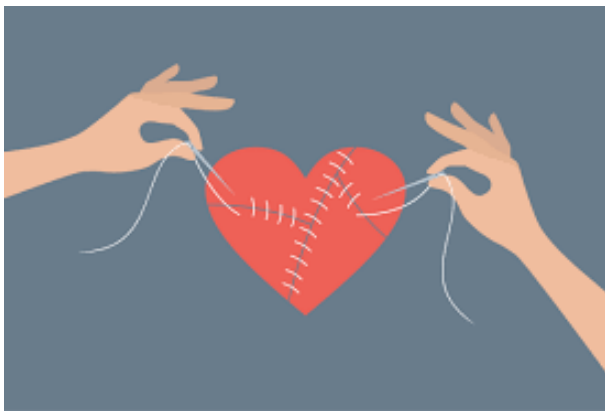
***A Walk in the Park*** by Kevin Fedarko is a gripping account of a wildly ambitious and underprepared attempt to traverse the entire length of the Grand Canyon on foot. Fedarko and his friend, National Geographic photographer Pete McBride, set out on what McBride optimistically calls “a walk in the park,” only to find themselves facing what experts consider “the toughest hike in the world.” The journey, which stretched over a year, tested their physical endurance and mental strength as they navigated treacherous cliffs, scarce water, and unmarked terrain. Along the way, they encountered hidden wonders of the canyon, from secret natural pockets to the deeply rooted presence of Native American communities whose histories and perspectives transformed the hikers’ understanding of the land. These interactions also underscored the ongoing threats posed by commercialization and tourism. As Fedarko grappled with the memory of his late father, who inspired his love for the canyon but never visited it, the hike became a personal odyssey of connection and meaning. The book is both a harrowing adventure tale and a passionate call to protect one of America’s most awe-inspiring natural landscapes.

### Movie

***Don't Move*** (2024), Netflix. In this tense thriller, grieving mother Iris (played by Kelsey Asbille) ventures into an isolated forest seeking solace. There, she encounters a mysterious man who injects her with a paralytic agent, giving her only 20 minutes before total immobility. As the drug takes effect, Iris must summon every ounce of strength to escape the relentless killer pursuing her. The film masterfully builds suspense, with each moment bringing Iris closer to paralysis and danger. Directed by Adam Schindler and Brian Netto, and produced by Sam Raimi, *Don't Move* delivers a gripping narrative that keeps viewers on the edge of their seats. The confined setting and ticking clock amplify the tension, making it a standout in the thriller genre. With its compelling performances and relentless pace, *Don't Move* is a must-watch for suspense enthusiasts.



## Griefshare



A GriefShare support group is beginning in May for those grieving the death of a loved one. Weekly meetings will be held Tuesday, May 27 through August 19 @ 6:30 – 8:30 p.m. in the conference room at Community Covenant Church located at 15700 West 87th Street in Lenexa.

In the GriefShare support group, participants will watch a weekly video with counsel and insights from respected grief experts and relatable personal stories—followed by a time of sharing and support. Session topics include what's normal in grief; how to handle difficult emotions; and what to do with regrets, questions, and worries.

For more information, contact Greg & Dee Harvey or sign up for the group online. To register and purchase your participant workbook (\$20) visit <https://www.griefshare.org/groups/262362>.

## Moonlight Market Shawnee



Moonlight Market promises an exciting and vibrant experience for all! Attendees can look forward to a diverse array of offerings, including fresh produce from Farmers Market vendors, locally crafted goods, and live music to set the mood. The presence of food trucks and brews from nearby breweries adds to the festive atmosphere. Families with children and leashed dogs are encouraged to

join in on the fun, making it a wholesome outing for everyone. Additionally, exploring the surrounding local establishments, such as restaurants, breweries, and shops, can further enrich the experience. With the event running from 4:00 to 8:00 p.m. at 11110 Johnson Drive, attendees have ample time to immerse themselves in the festivities and make lasting memories.

When: Third Thursdays May - November: May 16, June 20, July 18, August 15, September 19, October 17, November 21 (Christkindl at Moonlight Market)

Where: Downtown Shawnee

### SPRING outdoor family fun-Scavenger Hunt

Spring is here, let's get out and have some family fun. Below is a list of scavenger hunt items that can be found in Red Oak Hills, Shawnee Mission Park or most anywhere you choose to adventure. Enjoy the weather and have fun. Feel free to send pictures of your findings in Red Oak Hills and we will include them in the June newsletter.

A flower that isn't yellow 🌸

Something round and natural

A leaf bigger than your hand 🌿

Something smooth and something rough (touch & compare)

A stick shaped like a letter

A piece of litter (and bonus points for cleaning it up!) ♻️

A squirrel or bird 🐿️🐦

Something red, something blue, something green ❤️💙💚

A bug on the ground 🐜

Your whole group making silly faces for a selfie 😜📸

A cloud shaped like an animal ☁️

### (Un)common Cures

\*Laundry load left in the dryer? The wrinkles haven't set in forever. Toss in a damp, clean hand towel and run the dryer for a few minutes. The steam created should relax the wrinkles.

\*Place socks in the washer tub first so they're less likely to attach themselves to other garments.

\*Keep frozen grapes in the freezer, add to glass of wine to chill

\*Use vinegar to unclog faucet heads by submerging faucet heads in a bag of white vinegar overnight to dissolve mineral buildup

# One Pan Pasta

## Ingredients:

Pasta of choice  
2 cloves of garlic thinly sliced  
1 pint plum tomatoes (red/yellow)  
Parmesan Cheese  
3 1/2 cups water  
1/4 cup olive oil  
Zest of 1 lemon  
Swiss chard-about 2 leaves  
fresh basil  
1 tsp red pepper flakes



## Directions

1. Half all of the tomatoes and add to saute pan, salt and drizzle with olive oil.
2. Add garlic.
3. Start water to boil.
4. Add pasta to pan.
5. Add lemon zest.
6. Finely chop stem of swiss chard and rough chop leaves.
7. Add 3 1/2 cups of boiling water to pan (enough to cover pasta), cover and bring to a boil.
8. Remove lid. Add swiss chard and allow to cook until pasta is al dente.
9. Add 1/2 cup parmesan cheese and sprinkle in red pepper flakes.
10. Serve by adding more parmesan cheese and basil for garnish.

## About Us

Jana Bonham and Annissa Freeman work together to create this monthly newsletter for our Red Oak Hills community members. Why? We love our community and want us all to stay connected not just for fun and sharing but also for help. The newsletter is to share news, events and fun things with one another. This newsletter will only be in electronic format however feel free to print and share with friends and family.